



October 3rd, 2025

Flyers and Flyer Families,

I have a few updates for you below

1) Uniform Reminders

- a) We have noticed that some reminders to students and families around uniform expectations might be helpful
- b) Specifically, we wanted to remind students and families of the expectation to wear close-toed shoes as part of the uniform
- c) This expectation was communicated to all families before the year began, and was mentioned at all grade assemblies here at school
- d) We have seen many students wearing socks and sandals which, although very much in fashion, does not meet uniform requirements at Eden
- e) Staff will be providing gentle reminders to students about footwear next week
- f) Following that, the office will be following up with students and parents around this expectation

2) Parent/Caregiver - Teacher Interviews

- a) Interviews are on Wednesday, October 15th, 2025 from 3:30pm to 6:00pm
- b) The following booking link (and one on the school website) will be active shortly after the bell on **Monday morning** (October 6th), but will not be active until that time
- c) <https://eden.schoolappointments.com/>

3) Guidance Update

Specialist High Skills Major (SHSM) - Gr 11s must complete SHSM Sign-up form by Thurs Oct 9:

- SHSM programs at Eden include Agriculture, Business, Construction, Health & Wellness, Sport and Transportation
- [SHSM Presentation](#) to learn more

Eden Alumni Panel - Tues Oct 14 at lunch in Rm 155 (Drama Room)

- Former Eden grads are returning to share their post-secondary experience so far!

- Schools represented include - McMaster, Waterloo, Guelph, Brock, University of Toronto, Guelph-Humber and students are in programs such as Business, Health Science, Nursing, Computer Science, Justice Studies, Engineering, Psychology and Concurrent Education.
- All Gr 11 & 12 students are encouraged to attend

University Fair - University Oct 17 - [Sign-up here](#)

- Gr 11 & 12 students who sign up will be bussed from Eden to the Niagara Falls Convention Centre.
- All Ontario Universities will have a booth with resources and staff to answer questions about programs, admissions, residence and tuition costs.

4) Cyber Awareness Month

- a) October is Cyber Awareness Month and we're focusing on one simple but powerful habit: creating strong passwords. Our goal is to help students develop safe digital practices.
- b) One of the best ways to strengthen online security is by using a passphrase instead of a short password. A passphrase is a longer, easy-to-remember phrase, like "BasketBallCamprocks", that's much harder for cyber criminals to guess.
- c) We're encouraging students to choose passphrases that are: Long (aim for 15 characters or more) Memorable (something meaningful to them) Unique (not reused across accounts) We also recommend students enable Multi-Factor Authentication (MFA) wherever possible. MFA adds an extra layer of protection - like a code sent to your phones - even if a password is compromised, accounts stay secure. This is a great opportunity to talk about why strong passwords matter. For more tips and resources, visit www.K-12CyberAwareON.ca.

5) Niagara Public Health

- a) Please see the attached October Newsletter from Niagara Public Health

Have a great weekend.

M Miller
Principal, Eden HS