EDEN HIGH SCHOOL

Nov. 2/26

Flyers and Flyer Families,

1) **Take Our Kids to Work Day – Wed. Nov 4th – All Grade 9 Students**

The purpose of this day is to help Grade 9 students connect school, career exploration, and the world of work by job shadowing parents, guardians, relatives, neighbours, family friends or community hosts. Regular Grade 9 classes will not be running on this day. Students unable to find a placement, will come to the library for the day on Nov 4 for a career exploration workshop.

2) **Niagara Region Public Health Dental Program**

Niagara Region Public Health's Dental Program will be at your child's school on **November 3, 2026** to offer FREE, optional dental screenings for students 17 years of age and under.

Participation in the dental screening program is important, even if your child sees the dentist regularly and is covered under insurance. No pre-registration is required.

What to expect during the visit:

- A registered dental hygienist will perform a brief visual screening using a sterilized dental mirror and light
- Referrals/recommendations for follow-up dental care if needed

Please note: School dental screenings do not replace regular dental checkups with a dentist.

Students **17 years of age and under** may also be eligible for free preventive and emergency dental care through the **Healthy Smiles Ontario** program.

3) **Remembrance Day Assembly**

On Wednesday, November 11, Eden will host a Remembrance Day assembly during period 2. This school-wide assembly will honour and remember the men and women who have served and sacrificed their lives through the Canadian military for the freedoms we enjoy today. As part of the ceremony, a member of the National Veterans' Week Speakers Program will speak to our student population on the importance of remembrance and reflection. They will speak for approximately 10–15 minutes, highlighting the historical significance of this day and promoting peace and a collective effort to build a peaceful world.

4) **EQAO Math Session For Parents/Guardians of Grade 9/10 Students**

Join use for a free webinar about how EQAO assess Grade 9 students' mathematics learning. EQAO staff will discuss mathematics questions from the Grade 9 Assessment of Mathematics. Participants will hear how these questions help assess the skills students are learning in class. Staff will also highlight valuable insights and resources that can help parents and guardians support their child's learning.

Register here: Webinar Registration - Zoom

EQAO Webinar for Parents and Guardians: What do Expect on the OSSLT

Register for this free live webinar and learn about the Ontario Secondary School Literacy Test. Participants will learn about the purpose of Ontario's large scale assessments. EQAO staff will explain the test format, highlight resources to support students and answer questions from participants. The session is approximately 45 minutes, followed by a live Q and A with EQAO staff.

Register here: Webinar Registration - Zoom

5) **Child Visual Health Letter from the Ministry of Education**

Clear vision is important to success in the classroom. It is recommended that all children have a comprehensive eye exam before entering school and every year afterwards. **Annual eye exams for children and youth under the age of 20 are covered by OHIP.**

What a comprehensive eye examination is:

• Comprehensive eye exams are full visual health assessments performed by optometrists (eye doctors) to monitor the development of the eye and identify or diagnose any eye health conditions.

• Optometry eye exams are free (every 12 months) for children and youth aged 0-19 with a valid Ontario Health card. Your Ontario Health card also covers necessary follow-up appointments with an eye doctor.
• For more information on eye exams please visit the Canadian Association of Optometrists.

The importance of routine comprehensive eye examinations:

• Regular eye exams are critical for monitoring a child's eye development and health. Vision issues can affect your child's learning by impacting their ability to see the classroom board or learn to read.
• Children often do not report vision loss or visual changes, as they may not know what normal vision should be, and are very good at compensating if only one eye sees well. This is why an eye exam is so important to ensure your child is seeing normally in both eyes.
• Early detection of vision issues allows for effective treatment before vision loss becomes irreversible. Children grow and change quickly, so they require eye exams every year.

How often a child should see an optometrist:

• The Ontario Association of Optometrists recommend children routinely visit an eye doctor as children do not always know when they are not seeing as well as they should be. Plan for routine visits at: o 6 months of age
o 2-3 years of age
o Annually after age 3

How to find an optometrist:

• To find an eye doctor, please check the College of Optometrists webpage or contact Health811. You do not need referral from a family doctor to see an eye doctor.

• Please check your local public health unit for additional information on vision screening services in your region.

Have a great evening!

S. Orr, Principal, Eden High School